Learner Journey	**Physical Development**: Curriculum Map					
	Motor Learning	Posture & Postural Control	Body Awareness & Proprioception	Balance & Coordination	Stability	Music, Movement & Dance
Experience for Life Physical development	**Hydrotherapy –** Physiotherapy lead **Trampoline – British Gymnastics level 1 + SEN** **Rebound therapy** – Physiotherapy lead **MOVE** – Units A-P levels 3 & 2 **Physiotherapy:** Motor Learning approach. Posture management and development approach.	**Hydrotherapy –** Physiotherapy lead **Trampoline – British Gymnastics level 1 + SEN** **Rebound therapy** – Physiotherapy lead **Postural Activities** Hub individual motor skills group Movement activities programs Advance MOVE programs **CABA –** postural passports **Physiotherapy:** Motor Learning Posture management and development approach.	**Yoga –** Twinkle **Sherbourne** sessions **Get up and MOVE therapy groups** **Physiotherapy:** Motor Learning Approach Posture management and development approach.	**Balance sessions (supported lying, sitting and standing)** • Wobble cushions • Peanut balls • Balance rolls **Balance Activities** School hall balance and stability group Outside play stability & balance exploration experiences	**Stability Activities** Hub individual stability challenge skills group Class-based move sessions School hall balance and stability group Outside play stability and balance exploration experiences	**Music-Facilitated Movement** Thumb Jam: music performance experiences building gross & fine motor skills **Literacy through Music** Whole-body experience: combining music – story – sensory - movement **Soundbeam** Assistive Music Technology **Accessible Percussion** Motivation and motor skills experience
Learning for Life Physical Development	**MOVE** – Units A-P levels 1 & Graduates **Motor learning Activities** Hub individual motor skills group Class-based move & Advance sessions **Physiotherapy:** Motor Learning Approach. Posture management and development approach.	**Postural Activities** Hub individual motor skills group Movement activities programs Advance MOVE programs **CABA –** postural passports **Yoga** - Twinkle	**Yoga –** twinkle **Sherbourne** sessions **Physiotherapy:** Motor Learning Approach Posture management and development approach.	**Balance sessions (supported lying, sitting and standing)** • Wobble cushions • Peanut balls • Balance rolls **Balance Activities** School hall balance and stability group • Outside play, stability & balance exploration experiences	**Stability Activities** Individual, pair and group stability challenge skills sessions Class-based move sessions School hall balance and stability group Outside play stability and balance exploration experiences	**Expressive Dance** Movement through music **Drumming** Leading and following movement and rhythm **Class-based Percussion** Boosting motor skills, building social skills & confidence
Skills for Life Physical Development	**MOVE** – next steps **Motor learning Activities** Mobility and balance program Class-based move & Advance sessions	**Postural Activities** Sports hall individual motor skills group links to different positions and adaptive equipment use Sports introduction activities programs Paired and group MOVEment games	**Sherbourne sessions** Adaptive sports games focusing on body coordination and equipment use. Paired and grouped introduction to sports sessions.	**Balance Activities** School hall balance and stability group • Outside play, stability & balance exploration experiences	**Stability Activities** Individual, pair & group stability challenge skills sessions Class-based move sessions School Hall balance and stability group Outside play stability and balance exploration experiences	**Expressive Dance** Movement through music **Drumming** Leading and following movement and rhythm **Class-based & Body Percussion** Boosting motor skills, building social skills & confidence