

Week 1 Monday



Fish Curry



Rice



Carrots



Jacket Potato



Water



Chicken in red wine



Mash



Green beans



Salad Bar



Milk



Angel Delight



Cheese and Crackers



Yoghurt



Dried Fruit



Fruit

Week 1 Tuesday



Steamed fish



Baby new potato



Turnips



Parsley sauce



Jacket Potato



Water



Beef in black bean sauce



Mash



Broccoli



Salad Bar



Milk



Chocolate sponge



Cheese and Crackers



Yoghurt



Dried Fruit



Fruit

Week 1 Wednesday



Moroccan chicken



Sweet Potato Mash



Cauliflower



Jacket Potato



Water



Sausages



Potato wedges



Peas



Mustard sauce



Salad Bar



Milk



Apple crumble



Cheese and Crackers



Yoghurt



Dried Fruit



Fruit

Week 1 Thursday



Chilli con carne



Pilau rice



Creamy leeks



Jacket Potato



Water



Sausage roll



Potato boulangere



Mooli



Salad Bar



Milk



Greek yogurt with fruit



Cheese and Crackers



Yoghurt



Dried Fruit



Fruit

Week 1 Friday



Fish fillet



Chips



Roast mixed veg



Aioli Sauce



Jacket Potato



Water



Cottage pie



Mash



Green beans



Salad Bar



Milk



Cheesecake



Cheese and Crackers



Yoghurt



Dried Fruit



Fruit